



## RECAMFT THERAPY GROUPS

~JUNE/JULY/AUG 2023~

### ~~~GROUPS FOR WOMEN~~~

**WOMEN'S GROUP, Renée Owen, LMFT.** Ongoing, for clinicians and non-clinicians. Be enriched, inspired & energized. Develop & deepen intimacy skills. Support & process work, goal setting. Now Online. 25+ years experience. 415-847-1353 or [reneeowen@sbcglobal.net](mailto:reneeowen@sbcglobal.net)  
<https://therapists.psychologytoday.com/183422>

**DIVORCE GROUPS FOR WOMEN ONLY, Susan Pease Gadoua, LCSW.** Ongoing, Online biweekly groups provide community, emotional support and information- all stages divorce or separation. Topics: self-esteem, empowerment and recovery from difficult feelings & situations. 415-448-6242.

**WOMEN'S RELATIONAL PROCESS GROUPS, Lois Friedlander, MFT** Tues. 5:15pm and Wednesday 5:45pm eves, Goals: Decrease isolation, enhance social skills. Integrates psycho-dynamic, interpersonal models. Ages: late 20's to mid 50's. Experienced, certified facilitator. Contact: 415-383-3337  
[lois@loismft.com](mailto:lois@loismft.com) <http://www.loismft.com/>

**EXPLORE INTIMACY, SEXUALITY W/FEMINIST LENS, Natashia Fuksman, LMFT, CST.** Meets Online Wkly, Tues. 11:30-12:45pm & Wed 5:15-6:30pm. Open to adults w/in CA. Sexuality as: self-care, body acceptance, intimacy, orientations, gender identities, sex over life span, etc. \$75/group,  
[natashiamft@gmail.com](mailto:natashiamft@gmail.com) [natashiamft.com/group-therapy](http://natashiamft.com/group-therapy)

### ~~~GROUPS FOR MEN~~~

TO PLACE YOUR AD HERE SEE SUBMISSION GUIDELINES ON LAST PAGE

### ~~~CHILDREN, TEENS, & PARENTING GROUPS~~~

**NEW MOM'S GROUP, Marie Nersesian, LMFT and Shawna Bell, AMFT.** 2 groups offered Santa Rosa: Sun 5-6 pm Windsor in person Thurs 10-11 am. Starts in June 8 wk grp cycle. Discussion, support, connect, grow  
[newmoms@sonomacountycounseling.com](mailto:newmoms@sonomacountycounseling.com) (707) 284-1978

**LIVING ROOM FOR MOTHERS SUPPORT GROUP Natashia Fuksman, LMFT, CST.** In person mthly, Fri. 3:30-6pm. Open to all Mothers: Inclusive, supportive. Issues of inter-sectional diversity in identities. Short meditation, check-ins, conversation, tea. \$105/session, 10 sessns total (Aug-May 2023-24).  
[natashiamft@gmail.com](mailto:natashiamft@gmail.com) [natashiamft.com/group-therapy](http://natashiamft.com/group-therapy)

### ~~~COED GROUPS~~~

**INTIMACY GROUPS & SINGLES GROUP, Renée Owen, LMFT.** Ongoing groups for singles, couples, or married. Also 9-wk grp for Singles. Create more success in relationships. Clinicians welcome. Online. 25+ years experience. 415-847-1353. [reneeowen@sbcglobal.net](mailto:reneeowen@sbcglobal.net)  
<https://therapists.psychologytoday.com/183422>

**MIXED GENDER PROCESS GROUPS, Kim Ives Hicks, CGP, MFT.**  
Now online. (650) 737 1818  
[www.counselingforyou.com](http://www.counselingforyou.com)

### ~~~SPECIALTY GROUPS~~~

**MIXED GENDER RELATIONAL PROCESS GROUP, Lois Friedlander, MFT,** Decrease isolation, enhance social skills. Integrates psycho-dynamic, interpersonal models. Late 20's to mid 50's. Explore relational & behavioral style w/others. Thurs 5:15pm 415-383-3337 <http://www.loismft.com/>

**ENNEAGRAM INQUIRY GROUP, Harriet Katz, LCSW.** Spiritual-Psyche & Soul Body Approach helps guide your inner process of transformation & actualization of your True Nature. 34+ Yrs Diamond Approach. Call/Txt 707-544-8879 <http://www.TotalBeingPsychotherapy.com>

**AUTONOMIC NERVOUS SYSTEM SKILLS GROUP, Wowlvenn Seward-Katmiller, LMFT, SEP.** Every other Tuesday AM, Sebastopol. ANS education, skills practice for clients who already have an individual therapist. 707-787-0402

## ~~~GROUPS FOR THERAPISTS~~~

**CO-LED THERAPY GROUP FOR MATURE THERAPISTS, Geraldine Alpert, PhD & Elaine Cooper, PhD, LCSW.** One opening in high functioning group w/ psychodynamic/interpersonal orientation on Wed.am. San Rafael. 4 mn and 3 wmn. 415-497-9479

**SOMATIC THERAPY GROUP FOR THERAPISTS, Wowlvenn Seward-Katzmiller, LMFT, SEP.** Mondays AM, Sebastopol. Explore movement, touch, nervous system tracking. 707-787-0402

## ~~~WORKSHOPS & TRAININGS~~~

TO PLACE YOUR AD HERE SEE SUBMISSION GUIDELINES ON LAST PAGE

## ~~~CONSULTATION GROUPS~~~

**CONSULTATION GROUPS, Renée Owen, LMFT.** Practice building, general case consult and group therapy consult. Get help creating a thriving practice or running groups. 1x/mth, Now Online. 25+ years experience. 415-847-1353 or email [reneeowen@sbcglobal.net](mailto:reneeowen@sbcglobal.net)  
<https://therapists.psychologytoday.com/183422>

**CONSULTATION GROUP, Harriet Katz LCSW.** Deepen perspective of soul's movement towards realization of True Nature; soul centered approach to understanding inner movement of psyche-soul-body. Includes Enneagram & the Body-Soul. 34+ Yrs Diamond Approach. Call/Txt 707-544-8879 [www.TotalBeingPsychotherapy.com](http://www.TotalBeingPsychotherapy.com)

**BI-MONTHLY CONSULTATION GROUP, Geraldine Alpert, PhD,** formerly Dir. Post-Doc Training at Kaiser, Assoc. Clin Prof. of Psychiatry at UCSF, Dir. of Group Therapy at McAuley Neuro psychiatric Inst. Input/support. 415-497-9479 [Geraldine.Alpert@gmail.com](mailto:Geraldine.Alpert@gmail.com)

**SOMATIC CONSULTATION GROUP FOR THERAPISTS, Wowlvenn Seward-Katzmiller, LMFT, SEP.** Thursdays AM, Sebastopol. All somatic levels welcome. General concepts reviewed, specific cases and questions explored. 707-787-0402

### Interpersonal Process Groups

**Women's Group - Tuesday 5:15pm**  
**Women's Group - Wednesday 5:45pm**  
**Mixed Gender - Thursday 5:15pm**

#### Process groups:

- Offer support + community during times of isolation
- Provide a safer, confidential setting to share our stories + emotional lives
- Allow us to focus on what's happening between people in the moment
- Ponder the ways we form and foster relationships
- Share our hopes and dreams for better social connection
- Provide a forum to share anxieties, grief, celebrations, or melancholy

#### Members Learn How To:

- Improve communication skills
- Expand their emotional lives
- Begin new relationships and decrease isolation
- Repair ruptured relationships
- Change unproductive relational behavior patterns

**Fee: \$80 (90 min) - Sliding scale available**

Contact me for a complimentary 20 minute phone consultation **415-383-3337**

*Screening meetings are necessary prior to group participation to ensure a good match of group membership.*

Find out more on my website: **[www.loismft.com](http://www.loismft.com)**



*Lois Friedlander, MFT is an experienced clinician + confident Certified Group Psychotherapist, member of the clinical faculty, UCSF Dept. of Psychiatry, Faculty of the Group Psychotherapy Training Program @ The Psychotherapy Institute. She has been a workshop presenter at the American Association of Group Psychotherapy and developed graduate level group dynamics curriculum at the California Institute for Integral Studies.*



*Partial scholarships  
available based on need.*

*Must attend all 6 sessions.*

*Only simple tools are necessary.  
Possible visual journaling supplies:  
[shiramarinphd.com/supplies](http://shiramarinphd.com/supplies)*

## Visual Journaling & Community for Personal Exploration

# Color Me Human

**A New Offering from Soul Circles**

*Led by Shira Marin, PhD, LMFT, CGP (15972)*

**You're invited to a safe, creative conversation about  
Identity, Color, Culture and what it means to  
belong as an individual and a member of society.**

**VIRTUAL EVENT** *(Small group sizes)*

**Friday Mornings**

**10:15 am - 12:30 pm PDT**

**June 23-July 28, 2023**

*Must attend all 6 sessions.*

**Cost: \$490 (or 2 payments of \$250) by June 15**

**To register or for more information visit [shiramarinphd.com/workshops/human](http://shiramarinphd.com/workshops/human)  
Complimentary consultation following registration.**

**Visual Journaling & Community for  
Personal Exploration**

# Soul Circles

*Led by Shira Marin, PhD, LMFT, CGP (15972)*

**Summer Camp for the Soul**

**Virtual Event**

**Tuesday afternoons: 1:00 - 3:15 pm PDT**

**June 20 - July 25**

**Wednesday evenings: 6:15 - 8:30 pm PDT**

**June 21 - July 26**

**Cost: \$490 (or 2 payments of \$250) by 6/15/23**

- Engage deeply in a creative process in a safe environment
- Receive compassionate regard from others who share the journey
- Find your direction as you access your creative intelligence
- Build the courage to express your authentic voice
- Resolve inner conflicts that soothe your heart

**To register or for more information visit [shiramarinphd.com/workshops/soulcircles](http://shiramarinphd.com/workshops/soulcircles)**



*6 Sessions each*

*(Commitment to all 6 sessions required)*

**No experience needed!**

Limited group size.

Pre-participation consultation is  
included.

## AD SUBMISSION GUIDELINES

Group Therapy Classified Ads is a quarterly insert in the online editions of the **Mar., June, Sept. & Dec.** issues of RECAMFT's newsletter:

**NEXT DEADLINE: August 1, 2023 (for SEP/OCT/NOV 2023 issue)**

### STEPS TO SUBMIT CLASSIFIED LINE ADS:

- (1) Renew OLD ads by emailing Renee and for payment follow **Step 5** below.
- (2) Format your **NEW** ad: Maximum 6 lines, 50 characters per line, including spaces and punctuation; avoid hyphens. **Please adhere to these limits.** Please do not add additional bold or caps to your ad.
- (3) Specify the section in for your **NEW** ad: Groups for Women; Groups for Men; Coed Groups; Children, Teens, Parenting (one section); Specialty Groups; Groups for Therapists; Consultation Groups; Workshops & Trainings.
- (4) Email **NEW** ads in body of email (NO ATTACHMENTS) to [reneeowen@sbcglobal.net](mailto:reneeowen@sbcglobal.net) prior to deadline. Type **RECAMFT THERAPY GROUPS** in subject line
- (5) SUBMIT ONLINE PAYMENT SEE [www.recamft.org/Purchase-Therapy-Group-Ads](http://www.recamft.org/Purchase-Therapy-Group-Ads)

### STEPS TO SUBMIT DISPLAY ADS:

- (1) Renew OLD ads by emailing Renee and following **Step 5** above (**SUBMIT ONLINE PAYMENT**)
- (2) Email your NEW Display Ad to [therapy@recamft.org](mailto:therapy@recamft.org) (cc to [reneeowen@sbcglobal.net](mailto:reneeowen@sbcglobal.net)) prior to deadline. Please type "**RECAMFT Therapy Groups Display Ad**" in the subject line & email copy of ad with online payment info to: [reneeowen@sbcglobal.net](mailto:reneeowen@sbcglobal.net)

### COST (LINE ADS):

RECAMFT (& MCAMFT) Members: \$20 first listing, \$10 each additional listing (in same issue).

Non-Members (& nonprofits, institutions, & agencies): \$25 first listing, \$15 each additional listing.

### COST (DISPLAY ADS):

Half Page (3.5" x 9.5") = \$110

Quarter page (3.5" x 4.5") = \$60

### QUESTIONS:

Line Ads - Renee Owen at [reneeowen@sbcglobal.net](mailto:reneeowen@sbcglobal.net)

Display Ads – [therapy@recamft.org](mailto:therapy@recamft.org)